

Saturday, January 18th, Official Practice, Main Rink



TEAM		WARM UP AREA		
0:30				
	No	Enter	Exit	

DRESSING ROOM		
0:30		
No	Enter	Exit

ICE		
0:15		
ENTER	EXIT	Exit

ADULT - FREE SKATING

1	TEAM 1	1	7:24	7:54
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1	7:57	8:27
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8:30	8:42	8:57
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MIXED AGE - FREE SKATING

1	TEAM 1	2	7:36	8:06
2	TEAM 2	3	7:48	8:18
3	TEAM 3	4	8:00	8:30
4	TEAM 4	5	8:12	8:42

2	8:09	8:39
3	8:21	8:51
4	8:33	9:03
5	8:45	9:15

8:42	8:54	9:09
8:54	9:06	9:21
9:06	9:18	9:33
9:18	9:30	9:45

ICE RESURFACING (15 minutes)

9:30 9:45

ADVANCED NOVICE - FREE SKATING

1	TEAM 1	6	8:39	9:09
2	TEAM 2	1	8:51	9:21
3	TEAM 3	2	9:03	9:33
4	TEAM 4	3	9:15	9:45
5	TEAM 5	4	9:27	9:57
6	TEAM 6	5	9:39	10:09

6	9:12	9:42
1	9:24	9:54
2	9:36	10:06
3	9:48	10:18
4	10:00	10:30
5	10:12	10:42

9:45	9:57	10:12
9:57	10:09	10:24
10:09	10:21	10:36
10:21	10:33	10:48
10:33	10:45	11:00
10:45	10:57	11:12

ICE RESURFACING (15 minutes)

10:57 11:12

JUNIOR - FREE SKATING

1	TEAM 1	6	10:06	10:36
2	TEAM 2	1	10:18	10:48
3	TEAM 3	2	10:30	11:00
4	TEAM 4	3	10:42	11:12
5	TEAM 5	4	10:54	11:24

6	10:39	11:09
1	10:51	11:21
2	11:03	11:33
3	11:15	11:45
4	11:27	11:57

11:12	11:24	11:39
11:24	11:36	11:51
11:36	11:48	12:03
11:48	12:00	12:15
12:00	12:12	12:27

ICE RESURFACING (15 minutes)

12:12 12:27

6	TEAM 6	5	11:21	11:51
7	TEAM 7	6	11:33	12:03
8	TEAM 8	1	11:45	12:15
9	TEAM 9	2	11:57	12:27
10	TEAM 10	3	12:09	12:39

5	11:54	12:24
6	12:06	12:36
1	12:18	12:48
2	12:30	13:00
3	12:42	13:12

12:27	12:39	12:54
12:39	12:51	13:06
12:51	13:03	13:18
13:03	13:15	13:30
13:15	13:27	13:42

ICE RESURFACING (15 minutes)

13:27 13:42

SENIOR - FREE SKATING

1	TEAM 1	4	12:36	13:06
2	TEAM 2	5	12:48	13:18
3	TEAM 3	6	13:00	13:30
4	TEAM 4	1	13:12	13:42
5	TEAM 5	2	13:24	13:54

4	13:09	13:39
5	13:21	13:51
6	13:33	14:03
1	13:45	14:15
2	13:57	14:27

13:42	13:54	14:09
13:54	14:06	14:21
14:06	14:18	14:33
14:18	14:30	14:45
14:30	14:42	14:57

ICE RESURFACING (15 minutes)

14:42 14:57